



**SUMMER 2017** 



The goal of Youth Sports & Fitness programs is to provide quality programming with responsible leaders so youth have the opportunity to grow and learn. We are a program in which opportunity for participation is provided to all those who enter, regardless of skill and ability. We wish to provide youth with a fun learning experience and the opportunity to develop lifetime sports and fitness skills.

## **SOCCER LEAGUES**

## YOUTH SOCCER PROGRAM INFORMATION

The Youth Sports Soccer League is specially designed to help your child understand the team concept of soccer, enhancing their dribbling, passing, scoring and defense. The values of teamwork and strategy along with understanding the importance of sportsmanship create an environment that promotes positive developmental assets amongst our youth.

- League Structure: The first 2 weeks are practice, followed by 5 weeks of games. This league is a one day per week commitment. Always the same location and time.
- Uniforms: Jersey is included in the registration fee and will be issued on your first game day.
- · Shin guards are required for all soccer leagues.
- Inclement Weather Policy: Cancellations due to inclement weather will be made by the Recreation Coordinator at the field. Coaches and players must report to the field. Soccer is an all-weather sport. Come prepared to play in all weather!
- VOLUNTEER COACHES NEEDED: Volunteer soccer coaches are needed. Call 425-452-4627 for more information and to receive a \$20 discount towards your registration fee.
   Background check required & attendance to mandatory coach's clinic to receive discount.
- · Participants will be assigned to teams based on the following:
  - 1. Special request for coach.
  - 2. Special request for ONE teammate. Additional requests for teammates will not be considered.
    - 3. Age and gender of participant.

Please note that there are no guarantees regarding requests or team assignments.

All requests must be made before April 14 by email to sgonzales@bellevuewa.gov
or by calling 425-452-4627

I've signed up for soccer...now what do I do? You will be contacted prior to the league start date via email. This email will include your team confirmation and parent packet. Team confirmations will be sent no later than April 19.



This 5-6 year old co-ed league, is a great way for your little star to begin team play with emphasis on participation, fun, and skill development in an instructional setting. This 7 week league, will give your child the basic instructions of dribbling, passing, scoring and teamwork. We will begin with 2 weeks of team practice followed by 5 weeks of games on Tuesdays from 4:15-5:30pm at Robinswood Sportsfield. Come and join the fun. **Volunteer coaches are needed for this league.** Max 6 players per team.

Robinswood Sportsfield 4:15-5:15pm

Tue, April 25-June 6 Resident: \$85 Non-Resident: \$99

#115499

### YOUTH SOCCER LEAGUE (AGES 7-9)

This 7-9 year old co-ed instructional league is a great way to further develop and enhance your basic knowledge and skills in soccer. This 7 week league, will emphasize positive sportsmanship and team play while having fun. We will begin with 2 weeks of team practice followed by 5 weeks of games on Wednesdays from 4:15-5:30pm at Robinswood Sportsfield. Come and join the fun. **Volunteer coaches are needed for this league.** Max 7 players per team.

Robinswood Sportsfield 4:15-5:15pm

Wed, April 26-June 7 Resident: \$85 Non-Resident: \$99

#115500



## **COURSES**

### **BEGINNER LACROSSE CLINICS (AGES 5-8)**

Lacrosse is the largest growing sport in America and is often referred to as the fastest game on two feet. The game was originally invented and developed by Native American Indians (the Iroquois Nation) and is America's original team sport (lacrosse has been played for over a thousand years in the US). Lacrosse is a combination of all other sports best attributes (strength of football, hand-eye coordination of basketball, precision of baseball, etc.) mixed into one action-packed game that demands the absolute best from each player mentally and physically. When trying to visualize how things might look: think hockey-

in-the-air. If this sounds like fun and something you want to learn, come out and play with us. Any and all skill levels are welcome, but brand new players are strongly encouraged too. Equipment will be provided.

Tyee Community Gym Sat, 10:15-11:15am

Resident: \$90 Non-Resident: \$108

# 117393 Apr 29-Jun 10 (no class May 27)

### TRACK & FIELD

This programs main philosophy is to learn, participate, and introduce your child to physical fitness through basic track and field events such as running, jumping and throwing. We want your child to further increase their knowledge of this sport by teaching a variety of techniques and skills needed in understanding and playing this sport. Practices are held on Thursdays and track meets are held on Fridays at Issaquah High School starting in May. Note: This program is located at the Tyee Middle School and International School track locations. A schedule with locations for the track season will be emailed to the parents prior to the first day. **Volunteer Adult runners are needed for this program.** 

**Tyee Middle School & International School** 

Thur, Apr 27-Jun 8

**BIDDY TRACK & FIELD (AGES 4-6)** 

Resident: \$60 Non-Resident: \$70

#117824 4:30-5:15pm

YOUTH TRACK & FIELD (AGES 7-14)

Resident: \$70 Non-Resident: \$80

#117825 4:30-5:30pm



## SUPERSTIX GIRLS LACROSSE CLINIC (AGES 6-12)

Bellevue Parks & Community Services in partnership with SuperStix Lacrosse Club is excited to offer SuperStix Junior Lacrosse, for girls, ages 6-12; Lacrosse is the fastest growing sport in the nation. Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. The program will be run by US Lacrosse credited coaching staff and High School girls lacrosse players. Skills developed are: agility and evasive running, ball handling, cradling, catching and shooting in a fun friendly environment. Team work and sportsmanship are fundamental to this program. Players of ALL Skills levels are welcome and will be grouped accordingly. Emphasis will be on safety and fun at all times, and physical contact is limited. Min 8/Max 30

**Equipment Needed:** Mouth Guard, Lacrosse Goggles, Lacrosse Stick Cleats recommended. Some gogles and sticks available to borrow. Available at cost from SuperStix.

Robinswood Park (SW Field) Thur, 4:15-5:30pm

Resident: \$125 Non-Resident: \$150

#115433 May 18-Jun 22



## **MARTIAL ARTS**

## KENDO (AGES 8 & UP)

Highland Community Center Fri, Jun 9-Aug18 (No class June 2)

Resident: \$70 Non-Resident: \$84

#112551 Intermediate

#112561 Advanced

#### INTERMEDIATE KENDO

(Prerequisite-Completed Beginning Kendo Class or equivalent)

Intermediate Kendo is a continuation of where the students progress to actual striking of live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain in intermediate until they have transitioned to armor. During intermediate kendo students generally purchase uniforms which are required for advanced kendo. All students in armor are in the Advanced Class.



### **ADVANCED KENDO**

(Prerequisite-Intermediate Kendo Class or permission from instructors)

Advanced kendo is for those students that have completed beginning and intermediate kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in advanced kendo.

### SELF DEFENSE/HAPKIDO (BEGINNING) (AGES 6-12)

This co-ed course helps young people develop coordination, balance, focus, strength, self-esteem, group interaction, communication skills and discipline, while teaching personal safety/self-defense in a safe, friendly environment. In addition to lots of conditioning exercises, students will learn a basic kicks, strikes, throws, evasion and grappling. Uniform required & available at class for a fee. Association membership required for promotion testing.

#### **North Bellevue Community Center**

Resident: \$50 Non-Resident: \$60

Mon and Wed 5:30-6:30pm AND 6:30-7:30pm

#112747 May 10-Jun 7 (no class May 29)

#112748 Jun 12-Jul 5

<u>#112749</u> Jul 10-Aug 2

#112750 Aug 7-30

## SELF DEFENSE/HAPKIDO (INTERMEDIATE/ADVANCED)

(AGES 13 & UP)

This co-ed course builds on skills introduced in the beginning class and helps young people and adults successfully face physically confronting issues. With a blend of traditional and real-world scenarios, students learn to identify, avoid and de-escalate potentially dangerous situations. While refining on skills learned from beginning class, students will start learning joint locks, pressure points (adults only) and weapons. Prerequisite: Graduation from the beginning class, or age 13 and above. Student rank certificates will be certified and signed by the President: of the World Hapkido Association, www.worldhapkido.com. Instructor permission required to attend.

#### **North Bellevue Community Center**

Feb 21 – 24 Resident: \$50 Non-Resident: \$60

Mon and Wed 6:30-7:30pm

#112788 May 10-Jun 7 (no class May 29)

#112789 Jun 12-Jul 5

#112790 Jul 10-Aug 2

#112791 Aug 7-30





## YOUTH SPORTS SUMMER DAY CAMP (AGES 7-12)

Bored of the same ol'TV re-runs and video games? Looking for something fun and new to do this summer? Sign up for one (or all) of our Summer Day Camps. Our sports camps are designed for your children's growth and entertainment. Your children will be introduced to a variety of sports, including all their favorites like soccer, baseball, basketball, while also exploring new activities (i.e. hiking, lacrosse, dodgeball and much, MUCH more.) Coaches provide an incredibly fun week of activities, improving the skills of the campers, while maintaining a safe and educational environment. Campers will have the opportunity to make new life-long friends, become physically fit, and explore new and exciting places. All camps will participate in a weekly field trip to local attractions. These trips may include outings to local beaches, swimming pools, Wild Waves, movie theatres or other fun events. No matter what your child's interest may be, we have the right camp for them.

Camp Hours: 9am-3pm

Weekly Camp Fees:

Resident: \$200 camp Non-Resident: \$220 camp

Extended Care Hours: 8am-5:30pm

**Extended Care Fees:** 

Resident: \$50 weekly rate Non-Resident: \$60 weekly rate

Resident: \$10 daily rate Non-Resident: \$12 daily rate

#### **Tyee Community Gym**

#### WATER, WATER & MORE WATER

Come SPLASH into summer with this fun filled water week. A week of trips to local beaches, Wild Waves and FUN water games you won't be able to get enough of. This camp is sure to fill up quickly, so sign up today. **Trip to Wild Waves and Enchanted Village on June 29.** 

<u>#115119</u> Jun 28-30

#115136 Extended Care



#### **GAMER'S DELIGHT**

No matter what the sport or game may be, we'll teach you how to play it better. Don't know any good games we'll teach you how to create them. Ever played Super Mario's Power-Up Home Run Derby? How about the Angry Bird's Obstacle Course? Whether you want to learn a new game or just get better at something familiar like flag-football, this camp is awesome and it's just what you're looking for. **Trip to Seattle Storm basketball game at Key Arena on July 12.** 

#115121 Jul 10-14

#115148 Extended Care

#### **WET N' WILD**

Celebrate the sunny weather by getting outside, enjoying the sunshine and playing in the water... Spend a day at the water park, explore a local beach, or experience one of the longest slip n' slides you've ever seen...who wouldn't want to be a part of that? Sign up today because this camp always fills to capacity quickly. **Trip to Wild Waves and Enchanted Village on July 20.** 

#115120 Jul 17-21

#115142 Extended Care

#### **SPORTS FANatics**

Are you a sports fan, or are you a Sports FANatic? Join us for a fun filled week celebrating the wide world of sports by learning and playing new games, competing in round robin tournaments, and challenge contests. Come learn a new sport, get better at an old one, recruit some new players for an old team, or just come make some new friends. Whatever it is that you're looking for, you'll find it in this camp. **Trip to watch the Seattle Mariners vs. Boston Red Sox on July 26.** 

#115123 Jul 24-28

#115154 Extended Care

#### WATER, WATER & MORE WATER II

Turn that TV off, shut down the computer and come enjoy summer with us. We'll visit water parks, local beaches, play water balloon games, and have a ton of fun in the sun. This week always fills up quickly, so be sure to sign up today. **Trip to Wild Waves and Enchanted** 

Village on August 3.

<u>#115122</u> Jul 31-Aug 4

#115153 Extended Care

#### **SPORTS STARS**

Are you the type of kid who likes to play EVERY sport possible? This camp is for you; basketball, baseball, flag-football, rock climbing, soccer, dodgeball, ultimate frisbee, golf... whatever the sport may be, our widely talented counselors will make sure you know how to play it. Trips to watch the Tacoma Rainiers vs. Nashville Sounds on August 8 and Everett Aqua Socks vs. Spokane Indians on August 10.

<u>#115117</u> Aug 7-10

#115287 Extended Care

#### **Crossroads Community Center**

#### LAND & WATER SPORTS AT CROSSROADS COMMUNITY CENTER

Make sure you don't miss the final hoo-rah of summer. A week full of beaches, water parks, water games and sports, this is a TERRIFIC way to end your summer on a high note. Sign up today because this camp always fills to capacity quickly. **Trip to Wild Waves and Enchanted Village on August 17.** 

#115124 Aug 14-18

#115159 Extended Care



## SOCCER CAMPS WITH MICHAEL SMITH / SOCCER TECH, INC

Bellevue Parks & Community Services will again team up with Soccer Tech, Inc. for their 15th summer to offer youth soccer camps. Each day participants will focus on the techniques of dribbling, passing and scoring goals. Participants will also open the session and close the session with fun small sided soccer games. Campers will be divided into groups according to age and ability level. Approximately 1:10 ratio of staff: participants.



#### **Hidden Valley Sports Park (Ages 4-5)**

Resident: \$75 Non-Resident: \$90 9:30am-12 pm

<u>#115265</u> Jul 5-7 Wed-Fri

Resident: \$100 Non-Resident: \$120

<u>#115267</u> Jul 10-13 Mon-Thu

**Robinswood Community Park (Ages 4-5)** 

Resident: \$100 Non-Resident: \$120 9:30am-12 pm

#115269 Jul 31-Aug 3 Mon-Thu #115272 Aug 7-10 Mon-Thu

**Hidden Valley Sports Park (Ages 6-12)** 

Resident: \$75 Non-Resident: \$90 9:30am-12 pm

#115266 Jul 5-7 Mon-Thu

Resident: \$100 Non-Resident: \$120

#115268 Jul 10-13 Mon-Thu

**Robinswood Community Park (Ages 6-12)** 

Resident: \$100 Non-Resident: \$120

#115270 Jul 31-Aug 3 Mon-Thu

<u>#115271</u> Aug 7-10 Mon-Thu

## TETRABRAZIL SOCCER ACADEMY DAY CAMP (AGES 7-16)

TetraBrazil Soccer Academy offers unique programs of technical development that challenge each player to raise their game to new heights. The TetraBrazil Soccer Academy will teach your child more than just techniques and tactics. Each member of the TetraBrazil coaching staff will bring an authentic taste of the flair, passion, and creativity of Brazilian soccer to our summer camps. Typical sessions include: Brazilian warm ups, fast footwork, individual skills, combination plays, Brazilian moves, 1 v 1 attacking, speed training, crossing and shooting.

#### Wilburton Hills Community Park (Ages 5-16)

Resident: \$120 Non-Resident: \$132

#117406 Jun 28-30 Mon-Fri 9am-12pm

Resident: \$199 Non-Resident: \$220

<u>#117407</u> Aug 21-25 Mon-Fri 9am-12pm

#### Wilburton Hills Community Park (Ages 7-16)

Resident: \$152 Non-Resident: \$165

#115356 Jun 28-3 Mon-Fri 9am-4pm

Resident: \$254 Non-Resident: \$275

#115355 Aug 21-25 Mon-Fri 9am-4pm

### **KENDO CAMP (AGES 8-18)**

Junior Kendo Camp (Prerequisite-Intermediate Kendo Class or permission from instructors)

Kendo camp is for those students that have completed beginning and are in either intermediate or advanced kendo. Individuals with previous experience from other programs must contact the teacher for approval to enroll in the kendo camp.

#### **Highland Community Center**

Resident: \$100 Non-Resident: \$120

<u>#115282</u> Aug 7-11 Mon-Fri 9am-12pm





Quality baseball instruction - hitting, throwing, fielding, games, scrimmages, and more.

Located at the new Hidden Valley Park, this baseball camp is well-suited for all players from the aspiring to the elite taught by Steve Goucher and his staff. Steve is a former professional baseball player, and an Atlanta Braves scout who has coached baseball at all levels. Don't miss out on the fun.

#### **Hidden Valley Park (Baseball Field #2)**

Resident: \$108 Non-Resident: \$125

<u>#115279</u> June 28-30 Wed-Fri 9am-12pm

Resident: \$179 Non-Resident: \$208

<u>#115281</u> Aug 7-11 Mon-Fri 9am-12pm





(AGES 4-12)

At the 2016 Summer Games, Rugby showed not only that it is a game for all shapes, sizes, and ages but also showcased its core values of respect, sportsmanship, and teamwork.

Atavus has developed a multi-sport youth curriculum inspired by rugby leveraging the sport's positive qualities to focus on all aspects of your child's physical and personal growth.

Our core modules are:

- Physical Development Through Instinctive Movement: Coordination, Evasion Skills, Catching, Passing, and Confidence in Contact
- Facilitate Individual Personal Growth: Applying Rules, Communication, Working Together, Leadership, and Problem-Solving
- Prepare Kids for Life and Athletic Competition: Engagement, Respect, Internal Motivation, and Fun

This program requires no experience in rugby and the skills learned can be applied to other sports.

\*Players will all receive a variety of Atavus merchandise including a camp t-shirt and wristband.

#### **Robinswood Community Park (Field #2)**

Resident: \$90 Non-Resident: \$105 Ages 4-6

# 117300 Jun 28-30 Mon-Fri 9am-12pm

Resident: \$150 Non-Resident: \$180 Ages 6-12

#115437 Jun 28-30 Mon-Fri 9am-3pm

#### **Hidden Valley Park (Field #1)**

Resident: \$150 Non-Resident: \$175 (Ages 4-6)

#11730 Aug 14-18 Mon-Fri 9am-12pm

Resident: \$250 Non-Resident: \$300 (Ages 6-12)

#115438 Aug 14-18 Mon-Fri 9am-3pm



## **DISCNW ULTIMATE CAMP (AGES 8-14)**

Ultimate Frisbee is an exciting, non-contact team sport that mixes elements from sports such as soccer, basketball, and American football into one high energy game. Top-level Ultimate players require an unmatched degree of speed, stamina, and agility, yet the simplicity of the rules means it is easy and fun for newcomers to pick up. The sport is also self-refereed, emphasizing mutual respect between players. The camp will be coached by veteran coaches from the Seattle area. DiscNW camps host over a thousand kids each summer in the Seattle area and now we're bringing it to the Eastside. Campers will receive a camp disc and jersey as a part of their registration fee. **Register now at** www.discnw.org/events/EastsideCamp/

#### **Big Picture School**

North Robinswood Park \$	290	9am-3pm
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 Jul 10-14
 Mon-Fri

 Jul 17-21
 Mon-Fri

 Jul 24-28
 Mon-Fri

### **UK INTERNATIONAL SOCCER CAMPS (AGES 4-14)**

UK International Soccer brings you the best of UK soccer. UKIS coaches will use their INSPIRE curriculum, a methodology to develop the whole player, as an athlete and as a person. Providing them with the tools/self-belief to reach goals on/off the field to instruct your child. Daily schedule includes warm up, skills, fundamentals, small sided games, technical session, and tournaments. **Register at www.uksoccer.com** 

\$132 (Half Day) \$202 (Full Day) 9am-4pm

**Robinswood Community Park** 

Apr 10-14 Mon-Fri

**Newport Hills Community Park** 

Jul 17-21 Mon-Fri

**Wilburton Hill Community Park** 

Jul 24-28 Mon-Fri

Aug 7-11 Mon-Fri

**Big Picture School** 

Aug 21-25 Mon-Fri



## **DREAM TEAM CHEER SQUAD (AGES 7-18)**

Be a part of the Bellevue Parks beginning-to-intermediate level cheer squad. You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too. Dream Team has performed at halftime for the Seattle Storm and University of Washington basketball games. Previous experience is **not** required—contact instructor with questions. Some extra uniform costs may be incurred for this class.

#### **Crossroads Community Ctenter**

Resident: \$48 Non-Resident: \$52

#112709 June 30-July 21 Fri 4-5:30pm

### **SUMMER POWER SQUAD (AGES 8-18)**

Intermediate level cheer class for those who want a more intense program without being on a competitive team. Beginning stunting and tumbling are taught. Pre-requisite: concurrent registration on Dream Team. No instructor permission required for summer session. Some extra uniform costs may be incurred for this class.

#### **Crossroads Community Center**

Resident: \$38 Non-Resident: \$49

#112717 June 30-July 21 Fri 3-4pm

## CHEER CAMP - INTRO TO CHEER (AGES 5-14)

Learn to be a cheerleader. This cheer camp is designed for those who want to cheer, jump, and dance. It's a fun four-day camp where participants will learn to perform cheers and dance routines. All cheerleaders will receive a camp gift. Please bring a snack and a water bottle, and wear comfortable clothes and tennis shoes.

#### **Crossroads Community Center**

Resident: \$69 Non-Resident: \$79

#115177 June 26-29 Mon-Thur 4-6pm





Learn to be a cheerleader. This cheer camp is designed for those who want to cheer, jump, and dance. It's a fun five-day camp where participants will learn to perform cheers and dance routines, and even do some beginning stunting and tumbling. All cheerleaders will receive a camp T-shirt and megaphone. Please bring a sack lunch, a snack, and a water bottle, and wear comfortable clothes and tennis shoes.

#### **Crossroads Community Center**

Resident: \$192 Non-Resident: \$207

#115178 July 10-14 Mon-Fri 9:30am-3pm #115179 August 7-11 Mon-Fri 9:30am-3pm

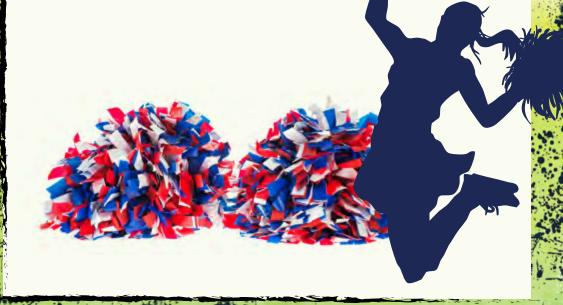
### **GREAT CHEER STUNT & TUMBLE CAMP (AGES 10-13)**

This is a cheerleading camp for those who want a challenge. We will be working on beginning-to-advanced stunting and tumbling skills. This camp is perfect for those who want to improve their skills in stunting, tumbling, dance, and cheer. If you are thinking about trying out for high school cheerleading in the future, come get a GREAT start at this GREAT camp.

#### **Crossroads Community Center**

Resident: \$155 Non-Resident: \$181

#114686 Jul 31-Aug 3 Mon-Thur 9:30am-3pm



## TRACKS CAMPS





### TRACKS ROCK CLIMBING CAMP

#### (AGES 10-15)

Enjoy a week of rock climbing. You will learn how to climb or how to take your climbing skills to new heights. You will climb at 'The Crag' - located at the South Bellevue Community Center and various locations around North Bend. There will be climbing routes for every level of ability from beginner to expert. Campers meet at South Bellevue Community Center daily at 9am and return by 4pm. All climbing equipment is provided. Campers need to bring a pack with lunch, sunscreen and a hat. Climbing shoes are recommended but not required.

South Bellevue Community Center 9am-4pm

Resident: \$210 Non-Resident: \$234

#115298 June 28-30

Resident: \$350 Non-Resident: \$390

#115299 July 11-14 #115300 July 18-21

#115301 July 31-Aug 4

#115302 Aug 22-25

## TRACKS ROCK CLIMBING CAMPOUT (AGES 10-15)

Want to explore and challenge yourself on new rock climbing routes? Join us for an overnight rock climbing camp out. We will spend the first day up in North Bend then head out on an overnight camping and climbing adventure. We will campout in a campground and checkout routes a little farther from home. The first day, camp runs 9am-4pm, second day drop off at 9am and pick up on third day at 4pm. Camping and climbing gear, transportation and instruction is provided. Campers need to bring lunch, snacks, and water bottles as well as sunscreen and personal items.

#### **South Bellevue Community Center**

Resident: \$399

Wed, 9am-4pm AND Thur, 9am-Fri, 4pm

#115419

<u>#115420</u>

Non-Resident: \$440

**July 5-7** 

Aug 16-18



## TRACKS OUTDOOR ADVENTURE CAMP

(AGES 10-13)

Ready for a summer adventure? Join us for a week of outdoor adventure activities. We will explore the wilderness around us and learn new skills all week. Each day we will head out to a new site for hiking, canoeing, rock climbing, mountain biking, swimming, and more. Gear is provided, please bring a lunch, snack, water, and sunscreen. Dress to be outside all day.

Highland Community Center 9am-4pm Mon-Fri

Resident: \$210 Non-Resident: \$234

#115288 Jun 28-30

Resident: \$350 Non-Resident: \$390

#115289 Jul 17-21

<u>#115290</u> Jul 31-Aug 4

#115291 Aug 14-18

## TRACKS OUTDOOR ADVENTURE CAMPOUT

(AGES 10-13)

Want to try out camping but are not quite ready for backpacking? Hike and climb on Monday and Tuesday then head out for a car camping adventure Wednesday-Thursday. This camp is perfect for those who have never camped before and want to see what it's all about. We will do all the camping classics, cookout, campfire, s'mores, and more. Beginners welcome, camping gear and food for overnight trip is provided.

Highland Community Center Mon, Tue, 9am-4pm AND Wed, 9am-Thur, 4pm

Resident: \$399 Non-Resident: \$440

#115292 Jul 11-13 #115293 Aug 7-10

### TRACKS BACKPACKING CAMP (AGES 12-15)

Want to take your outdoor skills a little bit farther this summer? Come learn the basics of backpacking before heading out on an overnight backpack trip. Monday and Tuesday we will go on day hikes while learning Leave No Trace principles, as well as back country cooking and water purification techniques. Wednesday-Thursday we will head out for an overnight backpacking trip in the Alpine Wilderness. Beginners welcome, camping gear and food for overnight trip is provided. Please provide lunch, snacks, water, and sunscreen for Monday and Tuesday.

Highland Community Center Mon, Tue, 9am-4pm AND Wed, 9am-Thur, 4pm

Resident: \$399 Non-Resident: \$440

#115294 Aug 21-24

## INDOOR ROCK CLIMBING CAMPS AT SOUTH **BELLEVUE COMMUNITY CENTER**

#### **ROCK CLIMBING CAMP – HALF DAY (AGES 5-8)**

The 3-hour camp is perfect for young climbers interested in trying rock climbing. The focus will be on introducing basic rock climbing and bouldering techniques that are taught in a supportive environment through fun games and challenges. All climbing will take place at South Bellevue Community Center's indoor climbing wall. All equipment is provided.

South Bellevue Community Center, 425-452-4240, sbcc@bellevuewa.gov

#### **Half Day Options:**

#115390

#115398

Morning Session 9:30am-12:30pm or

Afternoon Session: 1-4pm

Non-Resident: \$117 Resident: \$99

#115383 Morning June 28-30 #115391 Afternoon June 28-30

Resident: \$165 Non-Resident: \$195 #115385 Morning Jul 10-14 #115393 Afternoon Jul 10-14 #115386 Jul 17-21 Morning #115394 Afternoon Jul 17-21 Jul 24-28 #115387 Mornina Afternoon Jul 24-28 #115395 #115388 Mornina Jul 31-Aug 4 Afternoon #115396 Jul 31-Aug 4 Morning #115389 Aug 7-11 #115397 Afternoon Aug 7-11

Morning

Afternoon

Resident: \$130 Non-Resident: \$155

\*No camp Tue, July 4

Aug 14-18

Aug 14-18

#115384 Morning Jul 3-7 (4 days) #115392 Afternoon Jul 3-7 (4 days)



# BELLEVUE INDOOR SKATE PARK SUMMER HOURS – JUN 26 TO SEPT 3

14224 Bel-Red Rd Phone: 425-452-2722

Camps: 9am-2:3	0pm daily
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Exception: Weeks of May 3-7, Aug 7-11 and Aug28 to Sept 1 1-5pm

#### **Summer Open Session Times:**

Mon-Fri 2:30-5pm

Exception: Weeks of May 3-7, Aug 7-11 and Aug 28-Sept 1 1-5pm

Sat and Sun 12-1:30pm Ages 12 and under only

	1:30-6pm	Open Session
Park Fees:	Residents	Non-Residents
Annual Membership	\$10	\$12
Skate Session	\$5	\$6
Out of Town Visitor Day Pass	N/A	\$10
10-Session Credit	\$45	\$55
Pad Rental/Set	\$2	\$2
Helmet Rental	\$2	\$2
Board Rental	\$4	\$4
2 Hour Rental	\$160	\$180
2 Hour Scooter Rental	\$200	

<sup>\*</sup>Private lessons are not available during the summer, please sign up for one of our skate camps.



### SKATEBOARD SUMMER CAMPS (AGES 8-16)

The longest running skateboard camp in the state just got even better. Skaters now have the opportunity to experience the best of both worlds from ramp skating in the incredible, all new for 2017 indoor park or street skating at the nationally recognized and freshly renovated for 2017 skate plaza. Our professional staff have years of experience helping beginners to advanced skaters. With over twenty years under our belts, we believe we offer the most comprehensive camp out there. The camp includes park safety, trick tips, skate games, a weekly contest, and a pizza party, all with an emphasis on friends and fun. Whether you're just starting out or an experienced skater this camp is for you. Skateboarding equipment and skateboards are available for use at no additional charge.

Highland Community Center (Skate Park) 9am-12pm

Resident: \$96 Non-Resident: \$108

#115373 Jun 28-30

Resident: \$160 Non-Resident: \$180

#115374 Jul 10-14 #115377 Jul 31-Aug 4 #115375 Jul 17-21 #115378 Aug 14-18 #115376 Jul 24-28 #115379 Aug 21-25

## BIDDY BOARDERS SUMMER SKATEBOARD CAMP (AGES 4-7)

A skateboard camp for the little shredders. This camp is designed to get the little ones standing up and rolling on their boards safely. This fun camp includes ramp riding skills, falling correctly, taking turns, and skate park etiquette. Parents are encouraged to attend. There is one instructor for every two to three skaters. Professional safety gear and skateboards are available if needed at no additional charge. This camp has been a starting point for many skateboarders.

Highland Community Center (Skate Park) 1-2:15pm

Resident: \$69 Non-Resident: \$75

#112247 June 28-30

Resident: \$115 Non-Resident: \$125

#112248 Jul 10-14 #112251 Jul 31-Aug 4 #112249 Jul 17-21 #112252 Aug 14–18 #112250 Jul 24-28 #112253 Aug 21-25

## MAGIC SKATE BUS 2 - MOVIE ADVENTURE (AGES 11-16)

Roll with Captain Safety (professional skateboarder Josh Anderson), an expert videographer and his enthusiastic crew on the Magic Skate Bus as takes you on three exciting, cliff-hanging field trips. You will explore the deepest of bowls and the best skateboard parks that Washington has to offer. The entire three days will be filmed capturing the adventure for you to keep. This wondrous mission is best suited for skaters with experience, a skateboard, and safety gear.

**Highland Community Center (Skate Park)** 

Resident: \$260 Non-Resident: \$280

#115381 Jul 24-26 Mon-Wed 9am-5pm



## **TENNIS**

## TEEN INSTRUCTIONAL CLINIC (AGES 13-17)

The Teen Instructional Clinics are designed as a general class for youth ages 13-17 yrs.

The series meets for 4 days with an emphasis on tennis basic form and applying it in actual match play.

Robinswood Tennis Center 1-2pm

Fee: \$26

<u>111560</u> Jun 28-29

Fee: \$39

<u>111562</u> Jul 3-6 (No class July 4)

Fee: \$52

 111563
 Jul 10-13
 111567
 Aug 7-10

 111564
 Jul 17-20
 111568
 Aug 14-17

<u>111565</u> Jul 24-27 117597 Aug 21-24

<u>111566</u> Jul 31-Aug 3

## **LOBBERS YOUTH INSTRUCTIONAL CLINIC (AGES**

4-6)

The 'Lobbers' Instructional Clinics are a great way to introduce young children to the sport of tennis. Lobbers class is for ages 4-6 yrs. The lesson series meets for 4 days. The format is general in nature: tennis fundamentals are taught along with many tennis related drills,

games, and activities. Emphasis is on FUN! Min 6/Max 20

Robinswood Tennis Center 12-12:45pm

Fee: \$26

111690 Jun 28-29

Fee: \$39

111691 Jul 3-6 (No class July 4)

Fee: \$52

 111692
 Jul 10-13
 111695
 Jul 31-Aug 3

 111693
 Jul 17-20
 111696
 Aug 7-10

 111694
 Jul 24-27
 111698
 Aug 21-24

111697 Aug 14-17





## **TENNIS YOUTH MINI CAMP (AGES 7-12)**

The Youth Instructional Clinics are for children ages 7-12 yrs. This class is appropriate for new players as well as players with some playing experience. Tennis fundamentals are covered as well as tennis related drills, games, and activities. Min 6/Max 34

#### **Robinswood Tennis Center**

9am-12pm

Fee: \$78

<u>111787</u> Jun 28-29

Fee: \$117

111788 Jul 3-6

Fee: \$156

 111789
 Jul 10-13
 111793
 Aug 7-10

 111790
 Jul 17-20
 111794
 Aug 14-17

 111791
 Jul 24-27
 111795
 Aug 21-24

<u>111792</u> Jul 31-Aug 3

## **TEEN INSTRUCTIONAL CLINIC (AGES 13-17)**

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 111563
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 Aug 21-24

 111566
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## LOBBERS YOUTH INSTRUCTIONAL CLINIC

#### (AGES 4-6)

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 111692
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 Aug 7-10

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 111697
 Aug 14-17

 111694
 Jul 24-27
 111698
 Aug 21-24

<u>111695</u> Jul 31-Aug 3

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111795

111789 Jul 10-13 111790 Jul 17-20 111791 Jul 24-27 111792 Jul 31-Aug 3 111793 Aug 7-10 111794 Aug 14-17

Aug 21-24





## 6TH ANNUAL LAKE TO LAKE BIKE RIDE

An enjoyable, non-competitive ride that explores the hidden treasures of Bellevue. This ride is a little different event, utilizing low traffic roads, bike lanes and part of the Lake to Lake trail (non-technical gravel) and traverses much of the City. Greenbelt Loop—mostly flat 8-mile route; Lake Loop--more challenging 22-mile route with significant elevation gain. The course is well-marked and supported by staff and volunteers. Experienced and beginning riders are encouraged to participate. Riders under age 18 must be accompanied by an adult.

First 300 to register receive a custom event shirt, pre and post event snacks/food and give-aways.

#### SATURDAY, JUNE 3, 2017

Lake Hills Community Park, 1200-164th Avenue SE

#### Day of event registration:

Pending availability, onsite registration will take place from 8-9am.

Start area open 9-10am.

Recommended for riders ages 9 and up Ages 9-12 ride the Greenbelt Loop

#### **Registration and Entry fees:**

#117822 \$15 pre-register \$20 day of event Free-under 9

Register early, limited space





## Bellevue Parks & Community Services

Register today

## 425-452-6885 ParksReg.BellevueWa.gov

Scholarships available for all programs.

American Sign Language (ASL) or other interpretation available upon request. Assisted listening devices available. Call at least 48 hours in advance for any request. 425–452–6885 or Relay Service 711.

The goal of Youth Sports & Fitness programs is to provide quality programming with responsible leaders so youth have the opportunity to grow and learn. We are a program in which opportunity for participation is provided to all those who enter, regardless of skill and ability. We wish to provide youth with a fun learning experience and the opportunity to develop lifetime sports and fitness skills.

The Bellevue School District does not sponsor nor endorse this event and/or information, nor does the district assume responsibility for it. In consideration of the privilege to distribute materials, the Bellevue School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.